# Becoming Wounded Healers: Responding to Religious Trauma Recommended Resources

#### **Our Book**

Charles Kiser and Elaine A. Heath, *Trauma-Informed Evangelism: Cultivating Communities of Wounded Healers* (Grand Rapids: Eerdmans, 2023).

## **Recommended Reading on Abuse and Trauma**

Diane Langberg, *Redeeming Power: Understanding Authority and Abuse in the Church* (Grand Rapids: Brazos Press, 2020).

Lisa Oakley and Justin Humphreys, *Escaping the Maze of Spiritual Abuse: Creating Healthy Christian Cultures* (London: SPCK, 2019).

Peter Levine, *In an Unspoken Voice: How the Body Releases Trauma and Restores Goodness* (Berkeley, CA: North Atlantic Books, 2010).

Janyne McConnaughey, *Trauma in the Pews: The Impact on Faith and Spiritual Practices* (Glendora, CA: Berry Powell Press, 2022).

Bessel van der Kolk, *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma* (New York: Penguin Books, 2015).

## **Recommended Reading on Healing Communities**

Alexia Salvatierra & Brandon Wrencher, *Buried Seeds: Learning from the Vibrant Resilience of Marginalized Christian Communities* (Grand Rapids: Baker Academic, 2022).

Margaret J. Wheatley, *Who Do We Choose to Be: Facing Reality, Claiming Leadership, Restoring Sanity* (Oakland, CA: Berrett-Koehler Publishers, Inc., 2017).

Randy S. Woodley, *Shalom and the Community of Creation: An Indigenous Vision (Prophetic Christianity Series)*, (Grand Rapids: Eerdmans, 2012).

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